

Naya Sawera Nayee Umang

NEWSLETTER

March 30, 2025 / Vol 7

Beyond Years,

"Echoes of Wisdom"

*"Time etched stories on faces wise,
With laughter and tears, beneath the skies.
Let every wrinkle be a tale retold,
A treasure more precious than silver or gold.
In their steps, we walk and see,
The bridges they built for you and me."*

Recap of Events

Webinar on Organ Donation

On March 15, NSNU, hosted a highly impactful webinar focusing on organ donation. Expert Hemal Kanvinde debunked myths, shared personal stories, and provided practical steps for individuals interested in making this life-saving contribution. Attendees left inspired to spread awareness within their communities.

CHARCHA: A Conversation

In our latest Charcha session, we discussed elderly home care needs and potential collaborations with institutions like Emoha. Plans include sourcing interns for research projects, increasing membership via family events, and linking orphans with senior mentors. We emphasized due diligence in partnerships and creating emotional appeal posts to drive engagement.

Vision for the Future

Our goals are ambitious yet achievable with your support:

- ***Build a 100,000-member strong community.***
- ***Expand our presence to 50 cities across India.***
- ***Enrich the lives of seniors by preserving their dignity, empowering their voices, and fostering intergenerational bonds.***

Together, let's honor the past, inspire the present, and shape a future where every senior's contribution is valued and celebrated.



Upcoming Events

1. Webinar on Mental Well-Being for Older Adults
By Sumedha Kalluri & Sanskriti Seth, 26th April
2. NSNU with SHEOWS Care Centre, Delhi on 9th April, are planning to have Bhajan program for their inmates. From 3 to 5 pm. Followed by Prasad.
3. Day out at a Sitapur Farmhouse [1.5 hours drive from Lucknow] for the elderly, homely veg lunch, Visit to Gurudwara on 13th April, Baisakhi Day.

Member Benefits

Becoming an NSNU member unlocks a world of opportunities, including:

1. Access to 24 exclusive events annually in your city.
2. Participation in national-level conferences.
3. Invitations to family-oriented city events.
4. Monthly immersive experiences tailored for seniors.
5. Exclusive access to directories, advisory groups, and professional networks.
6. Discounts on skill development courses.
7. Opportunities to connect with professionals from diverse fields.

Call to Action

Together, we can make a difference! Here's how you can contribute to NSNU's mission:

- *Volunteer as a City Ambassador or Community Catalyst.*
- *Spread the Word about our initiatives and inspire others to join.*
- *Donate to help us expand our programs and reach more seniors in need.*



Through joy and toil, seniors have paved the way for generations to come. Let us ensure their voices are heard, their dignity upheld, and their contributions celebrated. Together, we create a world where hands both young and old unite for a brighter tomorrow.

Visit our website at www.nsnu.in to learn more and take the first step toward building a kinder, more inclusive world.